



Tour of Uppsala

**August 2nd to 4th
2022**

Technical Guide

WELCOME TO UPPSALA

Organization

Race Director	Göran Mattsson Tel. +46 70 5753603 Uppsala CK, Box 1021, 751 40 Uppsala. goranmattsson.uck@hotmail.com Race website: www.upsalack.se
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Asst. Race Director	Johan Törnhage
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Security manager	Mats Jansson
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Course manager	Gunnar Ersson
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Caravan manager	Krister Karlavagn
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Arena manager	Gunnar Ersson
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Secretariat	Michel Lafis
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Radio Connection	Marie Persson
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Photofinish	Per-Otto Arntzen
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Account manager	Johan Törnhage
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Race Doctor	Pekka Kanerva
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Data/Results	Jan-Erik Arntzen
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Speaker	Anders Grönqvist
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Radio Tour	Skjalge Kraglund
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Commissaires

President of the commissaires panel	Erwin Kistemaker, NED
Member of the commissaires panel	Amund Klem Rønning, NOR
Member of the commissaires panel	Mihkel Nanits, EST
Member of the commissaires panel	Henrik Ehrin, SWE
Broom commissaire	Anders Persson
Moto-Info	tbd
Finish judge	Per Gunnar Hansen, NOR
Time-keeper commissaire	Jan-Erik Arntzen, SWE

Tour of Uppsala

August 2nd to 4th 2022

SPECIFIC REGULATIONS

ARTICLE 1. ORGANIZATION

The Tour of Uppsala is organized by Upsala CK, Box 1021, 751 40 Uppsala, Sweden under the regulations of the International Cycling Union. It is to be held August 2 to 4 2022.

ARTICLE 2. TYPE OF EVENT

The event is of class WE 2.1 and is open to athletes of categories Women Elite and Women Under 23.

The event is registered as a class 1 event. In conformity with the UCI rules, points are awarded as follows:

Place	Final classification	Stages and half stages
1	125	16
2	85	12
3	70	8
4	60	6
5	50	5
6	40	4
7	35	3
8	30	2
9	25	
10	20	
11	15	
12	10	
13	5	
14	5	
15	5	
16 – 25	3	

Wearing the leader's jersey
3 point per stage

ARTICLE 3. PARTICIPATION

As per article 2.1.005 of the UCI regulations, the event is open to the following teams: UCI Women's WorldTeams (1-7 teams), UCI women's continental teams, UCI cyclo-cross professional teams, National teams, Regional and club teams.

As per article 2.2.003 of the UCI regulations, teams must be formed of minimum 4 and maximum 6 riders.

ARTICLE 4. RACE HEADQUARTERS

The race headquarters of the start shall be open Tuesday August 2nd at 08:00 hrs to 23:00 hrs, Wednesday August 3rd at 09:00 hrs to 23:00 hrs and on Thursday August 4th at 09:00 to 23:00 and located at the following address: Scandic Uppsala Nord, Gamla Uppsalagatan 50, 754 25 Uppsala. Telephone: +46 184952300.

Team representatives are requested to confirm their starters and collect their race numbers at the race headquarters from 12:30-13:30 on August 2nd .

The team managers' meeting, organized in accordance with article 1.2.087 of the UCI regulations, in the presence of the Members of the Commissaires' Panel, is scheduled for 14:00 on August 2nd at Scandic Uppsala Nord, Gamla Uppsalagatan 50, 754 25 Uppsala. Telephone: +46 184952300.

Race headquarters on the arrival site shall be open Monday August 1st at 14:00 hrs to 23:00 hrs and located at the following address: Scandic Uppsala Nord, Gamla Uppsalagatan 50, 754 25 Uppsala. Telephone: +46 184952300.

ARTICLE 5. RADIO-TOUR

Race information will be broadcast on the following frequency: 166,9875 MHz,

ARTICLE 6. NEUTRAL TECHNICAL SUPPORT

The neutral support is taken care of by means of: 3 service cars.

ARTICLE 7. FINISHING TIME LIMITS

Considering the characteristics of each stage, the finishing time limits have been set as follows: for each road race stage: 12 %.

Any rider finishing in a time exceeding that of the winner by more shall not be placed. The time limit may, in exceptional circumstances, be increased by the Commissaires' Panel in agreement with the organizer.

ARTICLE 8. CLASSIFICATIONS AND TIME BONUSES

The following classification will be issued:

- a) Individual classification
- b) Individual Points classification
- c) Team classification

Riders must wear their leader's jersey awarded by the organization.

If the same rider holds more than one jersey, she shall wear the most significant and the next rider in the competition must wear its respective leader's jersey.

Individual classification

Individual classification on time is determined after each road stage by calculating the time (including penalty seconds and bonuses). If the result is still tied, the placings obtained in each stage shall be added and, as a last resort, the place obtained in the last stage ridden shall be taken into consideration, in accordance with UCI article 2.6.015.

Point's classification

Individual points classification is drawn up after each stage by calculating the points won. On each stage the first ten riders at the finish line will be awarded points per the following scale: 1st: 10p 2nd: 9p 3rd: 8p 4th: 7p 5th: 6p 6th: 5p 7th: 4p 8th: 3p 9th: 2p 10th: 1p

Furthermore, there will be points awarded for the point's classification in the intermediate sprints. There will be one intermediate sprint on stage 1, and two intermediate sprints on stage 2 and 3. In each sprint 5, 3 and 1 points will be awarded to the three first riders. In the intermediate sprints, time bonuses of 3, 2 and 1 seconds will also be awarded to the three first riders to cross the line. The time bonus will count in the overall classification but not in the stage result. If riders finish on equal points, the UCI regulation 2.6.017 shall apply by using the following criteria:

1. Number of stage wins
2. Number of wins in the intermediate sprints counting for the general classification on points
3. General individual classification by time

Team classification

In accordance with article 2.6.016 of the UCI regulations, the team classification for the stage shall be calculated based on the sum of the three best individual times from each team. In the event of a tie, the following criteria shall be applied:

1. The sum of the places acquired by their three best times on the stage
2. The placing of their best rider on the stage classification

The winner of the overall team classification will be determined by adding the team result of every stage. In the event of a tie, the following criteria shall be applied:

1. Number of first places in the daily team classifications
2. Number of second places in the daily team classifications, etc

If there is still a draw, the teams shall be separated by the placing of their best rider in the general individual classification.

Any team reduced to fewer than three riders shall be eliminated from the general team classification.

Time bonuses

Finish in each stage: 10-6-4 seconds to the first three riders.

Intermediate sprints counting in the point's classification: 3-2-1 seconds to the first three riders.

ARTICLE 9. PRIZES

The following prizes are awarded:

Individual classification		
Place	Stages	Final GC
1	370 €	222 €
2	225 €	135 €
3	155 €	93 €
4	145 €	87 €
5	130 €	78 €
6	115 €	69 €
7	105 €	63 €
8 - 10	90 €	54 €
11 – 15	55 €	33 €
16 – 20	40 €	24 €
Total	1990 €	1194 €

Points Classification
Winner Final GC
100 €

Team Classification
Winner Final GC
100 €

ARTICLE 10. ANTIDOPING

The UCI antidoping regulations are entirely applicable to the event.

The antidoping tests will take place at Scandic Uppsala Nord, Gamla Uppsalagatan 50, 754 25 Uppsala. Telephone: +46 184952300.

ARTICLE 11. AWARDS CEREMONY

In accordance with article 1.2.112 of the UCI rules, the following riders must attend the official awards ceremony:

After each stage: The first 3 of the stage, and the leaders of the general individual and points classifications after the stage.

Moreover, at the conclusion of the event after the last stage, the following riders must also present themselves at the final awards ceremony:

- The first three in the individual general classification
- The winner of the points classification
- The winner of the Team classification

The riders will present themselves at the podium in a time limit of maximum 10 minutes after crossing the finish line.

ARTICLE 12. PENALTIES

The UCI penalty scale is the only one applicable.

ARTICLE 13. ENVIRONMENTAL PROTECTION

All event participants are kindly reminded to vigorously respect the environment and only throw their waste in the allocated waste bins and designated litter zones during the race.

ARTICLE 14. TRANSPONDERS

- Electronic system with transponders/chips (MyLaps Prochip) will be used for timekeeping. This applies to all races.
- All teams will have transponders/chips provided for free at the sign in for the UCI races (one per rider).
- Riders in UCI races (Women Elite/Men Elite) that will race on Sunday too shall keep their transponder/chip, bike number and jersey numbers. They will race with the same start number in both races.
- Transponders/chips that are not returned to the race organisation will be charged 100 Euro each to the team.

ARTICLE 15. TEAM PRESENTATION AND SIGN-IN

It will be held a team presentation along with the sign-in before the race, where each team is given a particular time of presentation. The presentation starts one hour before the start of each stage and finishes 15 minutes before the start. The time schedule will be handed out at the team leaders meeting for the first stage, and the together with the results for the following stages. We kindly ask the teams to respect the schedule and meet as a complete team to the presentation.

ARTICLE 16. HOSPITAL

Akademiska sjukhuset, 751 85 Uppsala (beside the start and finish area)
Telephone: 112

ARTICLE 17. SCHEDULE

STAGE 1

Tuesday August 2nd

Start 16.30

103 km

Km	
-4,5	Neutralised start at Dag H – after 600 m
-3,9	Left S:t Olofsgatan – after 100 m
-3,8	Right Kyrkogårdsgatan – after 100 m
-3,7	roundabout – after 500 m
-3,2	Traffic light Luthagsesplanaden – after 300 m
-2,9	roundabout – after 700 m
-2,2	Railway crossing with bars – after 100 m
-2,1	roundabout – after 400 m
-1,7	roundabout – after 300 m
-1,4	roundabout – after 700 m
-0,7	roundabout – after 500 m
-0,2	roundabout – after 200 m
0	START – after 3 km
3,0	Right Bälinge – after 4,1 km
7,1	roundabout straight on – after 2,1 km
9,2	Right Skuttunge – after 600 m
9,8	Warning! narrow passage, road bumps – after 200 m
10,0	Warning! narrow passage – after 6,2 km
16,2	Right Björklinge – after 5,7 km
21,9	Left Harbo – after 1,9 km
23,8	Right Harbo – after 800 m
24,6	Right Närlinge – after 3 km
27,6	Left Mehedeby/Månkarbo – after 700 m
28,3	Right Viksta – after 5,8 km
34,1	follow the way right – after 2,5 km
36,6	follow the way straight on – after 4,2 km
40,8	Left Vattholma – after 3,3 km
44,1	Left Vattholma – after 2 km
46,1	Left Österbybruk – after 200 m

- 46,3 Right Rasbo – after 6,6km
- 52,9 follow the way right Uppsala – after 2,2 km
- 55,1 **Feed zone** Rasbo Kils church – after 900 m
- 56,0 Left Gåvsta – after 5,0 km
- 61,0 follow the way straight on – after 400 m
- 61,4 **SPRINT** Gåvsta – after 9,9 km
- 71,3 Left Funbo – after 2,4 km
- 73,7 Right – after 100 m
- 73,8 Left Almunge – after 400 m
- 74,2 Right Lagga/Marielund – after 600 m
- 74,8 Railway – after 6,8 km
- 81,4 Right Uppsala – after 3,2 km
- 84,6 Right Uppsala – after 7,6 km
- 92,2 Left road 255 – after 300 m
- 92,5 Right – after 1,4 km
- 93,9 Left Kungsängens gård – after 1,6 km
- 95,5 **Warning!** narrow passage, bridge – after 1 km
- 96,5 **Warning!** Pit in the way – after 1,1 km
- 97,6 Right Kronåsvägen **Warning!** narrow road - after 700
- 98,3 **Warning!** three road bumps - after 100 m
- 98,4 Left cycle way, directly Right – after 100 m
- 98,5 Right in the roundabout – Ulls väg, **Warning!** traffic island – after 400m
- 98,9 Follow the way Right – after 500 m
- 99,4 **Warning!** narrow passage – after 100 m
- 99,5 **Warning!** narrow passage – after 100 m
- 99,6 Right Henry Sälde's väg – 300 m
- 99,9 Left Henry Sälde's väg 30 – 50 m
- 99,950 Follow cycle way left – 1550 m
- 100,5 **Attention!** Left Eklundshovsvägen – after 100 m
- 100,6 Right towards Eklundshovsvägen – after 400 m
- 101,0 **Attention!** Right Polacksgatan – after 100 m
- 101,1 Follow the way Right – after 50 m
- 101,150 Left in to the cycle way – after 50 m
- 101,2 Right – after 100 m
- 101,3 Left – after 100 m

- 101,4 **Warning!** traffic island – after 100 m
- 101,6 Right Dag Hammarskjölds väg – after 200 m
- 101,8 **Warning!** narrow passage – after 600 m
- 102,4 **Warning!** traffic island, cyclist both side – 200 m
- 102,6 **Warning!** traffic island, cyclist both side – 200 m
- 102,8 **Finish line**, Dag Hammarskjölds väg below the castle

Deviation for Team Managers cars at the finish

Left 100 m before the finish line

	Arrival if average speed is km/hr		
	34	36	38
Neutralized start	16.30	16.30	16.30
Proper start	16.40	16.40	16.40
Sprint	18.28	18.22	18,17
92,2 km Road 255	19,23	19,14	19,05
Finish	19,45	19,35	19,25

STAGE 2
Wednesday August 3rd
Start 16.30
136,1 km

Km	
-4,6	Neutralised start at Dag H Right Drottninggatan Left Västra Ågatan Right Luthagsesplanaden Left Svartbäcksgatan Roundabout straight on Björklinge
0	START – after 5,6 km
5,6	Right Storvreta – after 1,9 km
7,5	Left Fjuckby – after 7 km
14,5	Right Vattholma – after 4,7 km
19,2	Left Vikstaby – after 2 km
21,2	Right Tensta kyrka– after 5,9 km
27,1	Right before way 290 – after 2,4 km
29,5	Right way 290– after 800 m
30,3	Right Vattholma – after 300 m
30,6	Left sports center– after 800 m
31,4	SPRINT – after 1,3 km
32,7	Right Uppsala – after 200 m
32,9	Left Ängeby – after 9,5 km
42,4	Left Östhammar – 600 m
43,0	Left Tibble – after 4,5 km
47,5	Right Gåvsta – after 4,9 km
52,4	follow the way straight on over Hallstaviksvägen against Bärby– after 10 km
62,4	Left Funbo – after 2,5 km
64,9	Right at Funbo kyrka – after 100 m
65,0	Left Almunge– after 300 m
65,3	Right Lagga – after 700 m
66,0	Old museum railroad – after 6,4 km
72,4	Right Uppsala – after 3,2 km
75,6	follow the way straight on over Östunavägen against Alsike – after 5,4 km

81,0	SPRINT Alsike – after 1,5 km
82,5	Right Uppsala – after 3,6 km
86,1	Right Uppsala way 255 – after 7,6 km
93,7	Left Uppsala south – after 400 m
94,1	Over Flottsunds bridge – after 400 m
94,5	Left Skarholmen – after 4,2 km
98,7	Left Hammarskog – after 2,3 km
101,0	Right Dalby – after 1,6 km
102,6	Left Dalby – after 2.9 km
105,5	Right Balingsta – after 3,8 km
109,3	Left Dalby – after 5,5 km
114,8	Left Uppsala – after 2 km
116,8	Right Hammarskog – after 800 m
117,6	Attention! Gravel road start – after 2,5 km
120,1	Gravel road ends, Left – 800 m
120,9	Left – after 1,1 km
122,0	Right Uppsala – 2,3 km
124,3	Left Centrum – 1,6 km
125,9	Roundabout Straight on – 900 m
126,8	Right Slädvägen – 100 m
126,9	Traffic island – 100 m
127,0	Warning! Traffic island narrow passage – after 100 m
127,1	Warning! narrow passage – after 100 m
127,2	Traffic island – 100 m
127,3	Traffic island – 200 m
127,5	Traffic island – 100 m
127,6	Traffic island – 500 m
128,1	Left Gottsunda Allé – 800 m
128,9	Roundabout Straight on at Ultuna allé – 900 m
129,8	Left Kronåsvägen – 400 m
130,2	Follow the road straight on, Warning narrow road and road bump - after 500 m
130,7	Warning! three road bumps - after 100 m
130,8	Left cycle way, directly Right – after 100 m
130,9	Right in the roundabout – Ulls väg, Warning! traffic island – after 300m

- 131,2 Follow the way Right – after 500 m
- 131,7 **Warning!** narrow passage – after 100 m
- 131,8 **Warning!** narrow passage – after 200 m
- 132,0 Right Henry Sälde's väg – 300 m
- 132,3 Left Henry Sälde's väg 30 – 50 m
- 132,350 Follow cycle way left – 1450 m
- 133,8 **Attention!** Left Eklundshovsvägen – after 100 m
- 133,9 Right towards Eklundshovsvägen – after 400 m
- 134,3 **Attention!** Right Polacksgatan – after 100 m
- 134,4 Follow the way Right – after 50 m
- 134,450 Left in to the cycle way – after 50 m
- 134,5 Right – after 100 m
- 134,6 Left – after 200 m
- 134,8 **Warning!** traffic island – after 100 m
- 134,9 Right Dag Hammarskjölds väg – after 200 m
- 135,1 **Warning!** narrow passage – after 600 m
- 135,7 **Warning!** traffic island, cyclist both side – 200 m
- 135,9 **Warning!** traffic island, cyclist both side – 200 m
- 136,1 **Finish line**, Dag Hammarskjölds väg below the castle

Deviation for Team Managers cars at the finish

Left 100 m before the finish line

	Arrival if average speed is km/hr		
	34	36	38
Neutralized start	16.30	16.30	16.30
Proper start	16,45	16,45	16,45
Sprint	17,40	17,37	17,34
Sprint	19,08	19,00	18,53
Finish	20,45	20,32	20,20

STAGE 3
Thursday August 4th
Start 16.30
127 km (9 laps x 14,1 km)

Km

- 0 **START**, Dag Hammarskjölds väg below the castle - after 100 m
- 0,1 Left Thunbergsvägen, **Warning!** Traffic island – 500 m
- 0,6 Left Villavägen – after 400 m
- 1,0 Right Södra Rudbecksgatan – after 100 m
- 1,1 follow the way left – after 200 m
- 1,3 follow the way straight on – after 800 m
- 1,5 **Warning!** narrow passage – after 600 m
- 2,1 follow the way left – after 400 m
- 2,5 Right **Warning!** Left side of Dag Hammarskjölds väg – after 300 m
- 2,8 Left Regementsvägen – after 400 m
- 3,2 Right in the roundabout – after 300 m
- 3,5 over bridge – after 700 m
- 4,2 Right Emmy Rappes väg – after 300 m
- 4,5 **Warning!** narrow passage – after 100 m
- 4,6 **Warning!** traffic island, left against Sunnersta on Dag Hammarskjölds väg,
Warning! traffic island after turn, cyclist on the Right side – after 400 m
- 5,0 **Warning!** traffic island – 1100 m
- 6,1 **Warning!** traffic island – after 100 m
- 6,2 Left Veterinärvägen, **Warning!** traffic island, cyclist right side – after 500 m
- 6,7 **Warning!** traffic island, Right in the roundabout Ulls väg - after 700 m
- 7,4 Left Ultunaallén – after 400 m
- 7,8 Left Kronåsvägen - after 400 m
- 8,2 Follow the road straight on, **Warning** narrow road and road bump - after 500 m
- 8,7 **Warning!** three road bumps - after 100 m
- 8,8 Left cycle way, directly Right – after 100 m
- 8,9 Right in the roundabout – Ulls väg, **Warning!** traffic island – after 400m
- 9,3 Follow the way Right – after 500 m
- 9,8 **Warning!** narrow passage – after 100 m

- 9,8 **Warning!** narrow passage – after 200 m
- 10,0 Right Henry Sälde's väg – 300 m
- 10,3 Left Henry Sälde's väg 30 – 50 m
- 10,350 Follow cycle way left – 1450 m
- 11,8 **Attention!** Left Eklundshovsvägen – after 100 m
- 11,9 Right towards Eklundshovsvägen – after 400 m
- 12,3 **Attention!** Right Polacksgatan – after 100 m
- 12,4 Follow the way Right – after 50 m
- 12,450 Left in to the cycle way – after 50 m
- 12,5 Right – after 100 m
- 12,6 Left – after 200 m
- 12,8 **Warning!** traffic island – after 100 m
- 12,9 Right Dag Hammarskjölds väg – after 200 m
- 13,1 **Warning!** narrow passage – after 600 m
- 13,7 **Warning!** traffic island, cyclist both side – 200 m
- 13,9 **Warning!** traffic island, cyclist both side – 200 m
- 14,1 **Finish line**, Dag Hammarskjölds väg below the castle

Fixed Feed station

At the Eklundshovsvägen after 12,0 km in the lap
700 m before the finish line after the entrance to the hospital

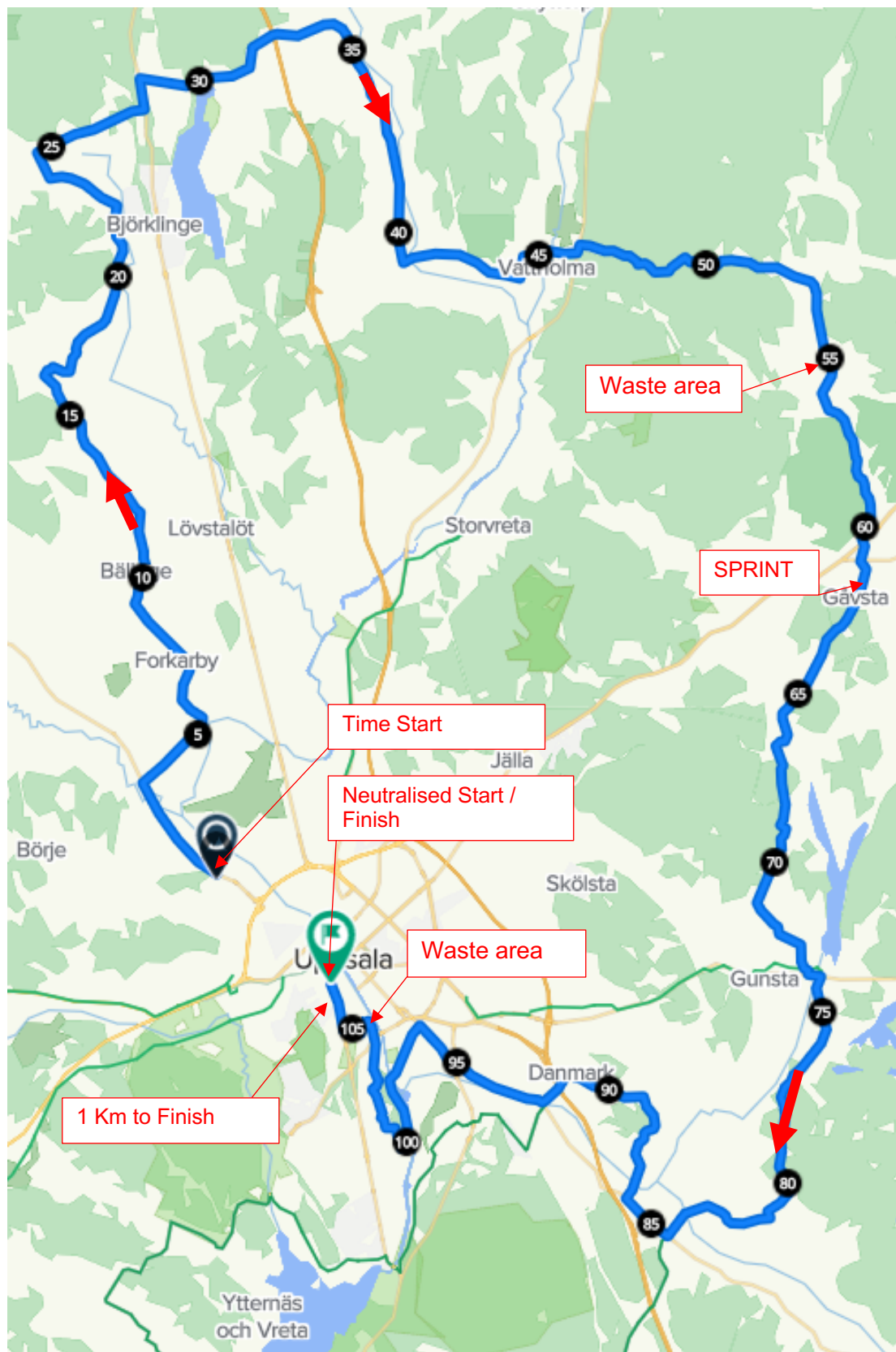
Deviation for Team Managers cars at the finish

Left 100 m before the finish line

		Arrival if average speed is km/hr		
		34	36	38
Start		16.30	16.30	16.30
Finish line	1 st time	16,55	16,53	16,52
	2 nd time	17,20	17,17	17,14
Sprint	3 rd time	17,45	17,40	17,36
	4 th time	18,10	18,04	17,59
	5 th time	18,35	18,27	18,21
Sprint	6 th time	19,00	18,51	18,43
	7 th time	19,25	19,14	19,05
	8 th time	19,49	19,38	19,28
	Final finish	20,14	20,01	19,50

ARTICLE 18. MAP AND PROFILES

Stage 1

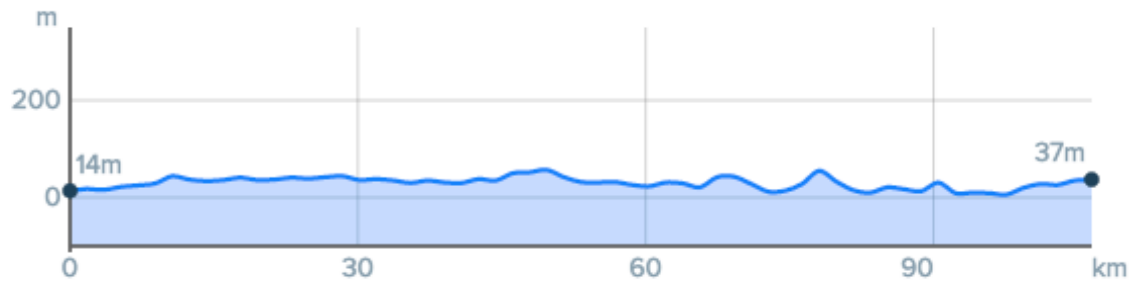


Stage 1

360 m Ascent

340 m Decent

Elevation

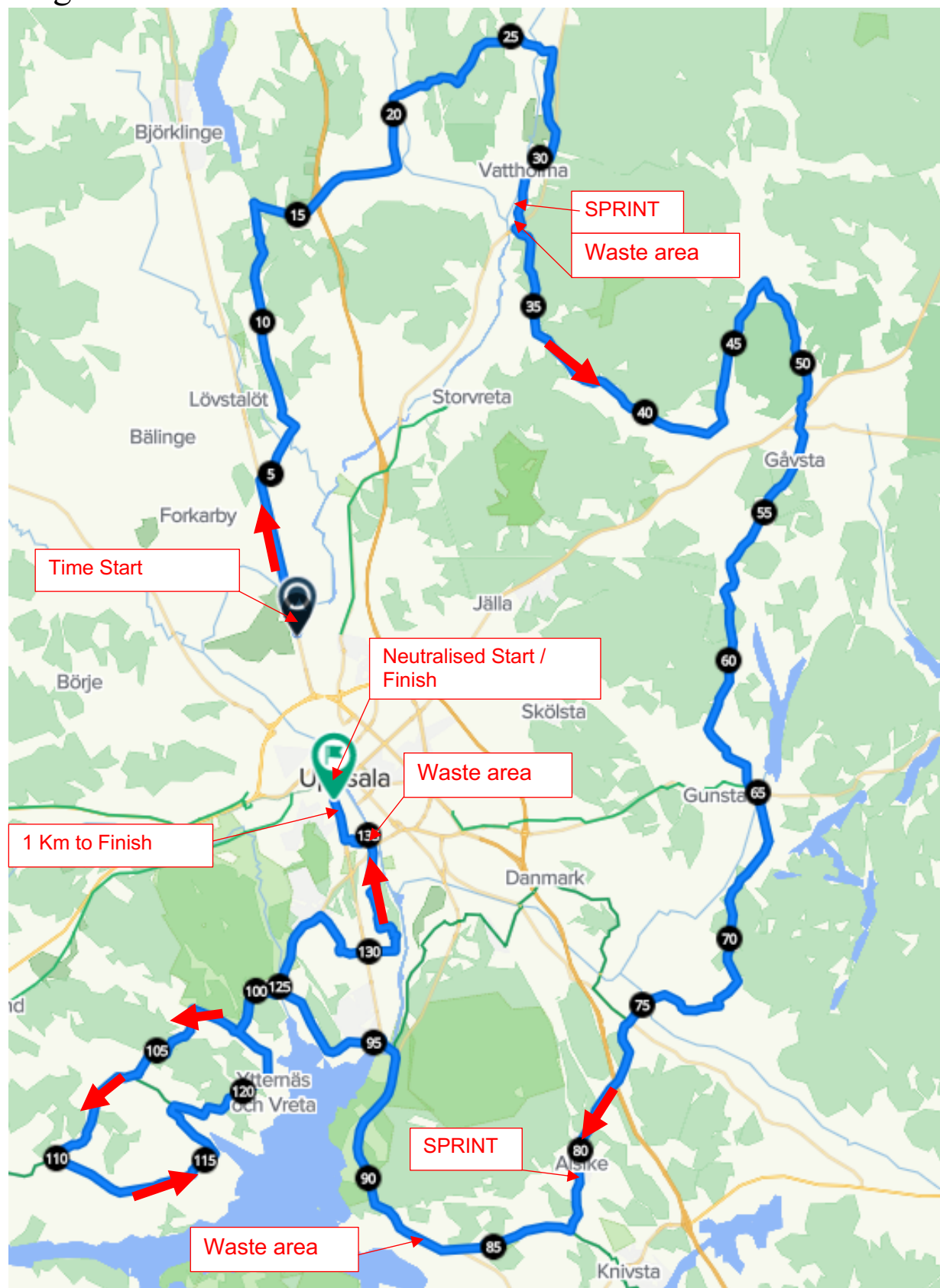


Tour of Uppsala Stage 1



Altitude Profile Final 3 km

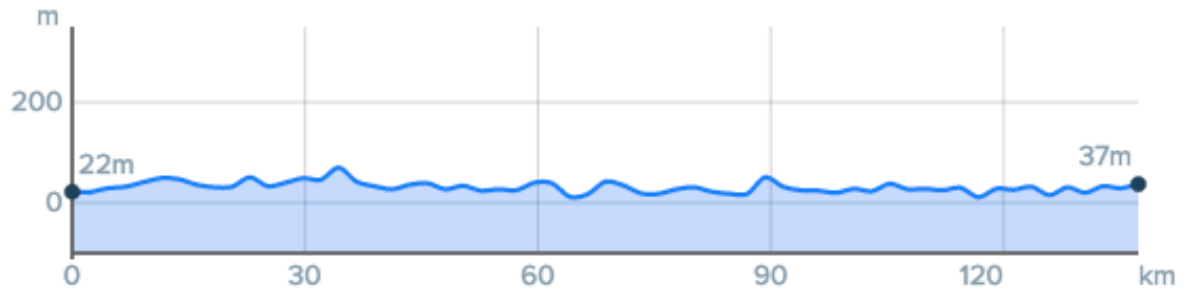
Stage 2



Altitude Profile Tour of Uppsala Stage 2

760 m Ascent
740 m Descent

Elevation



Altitude Profile 137 km

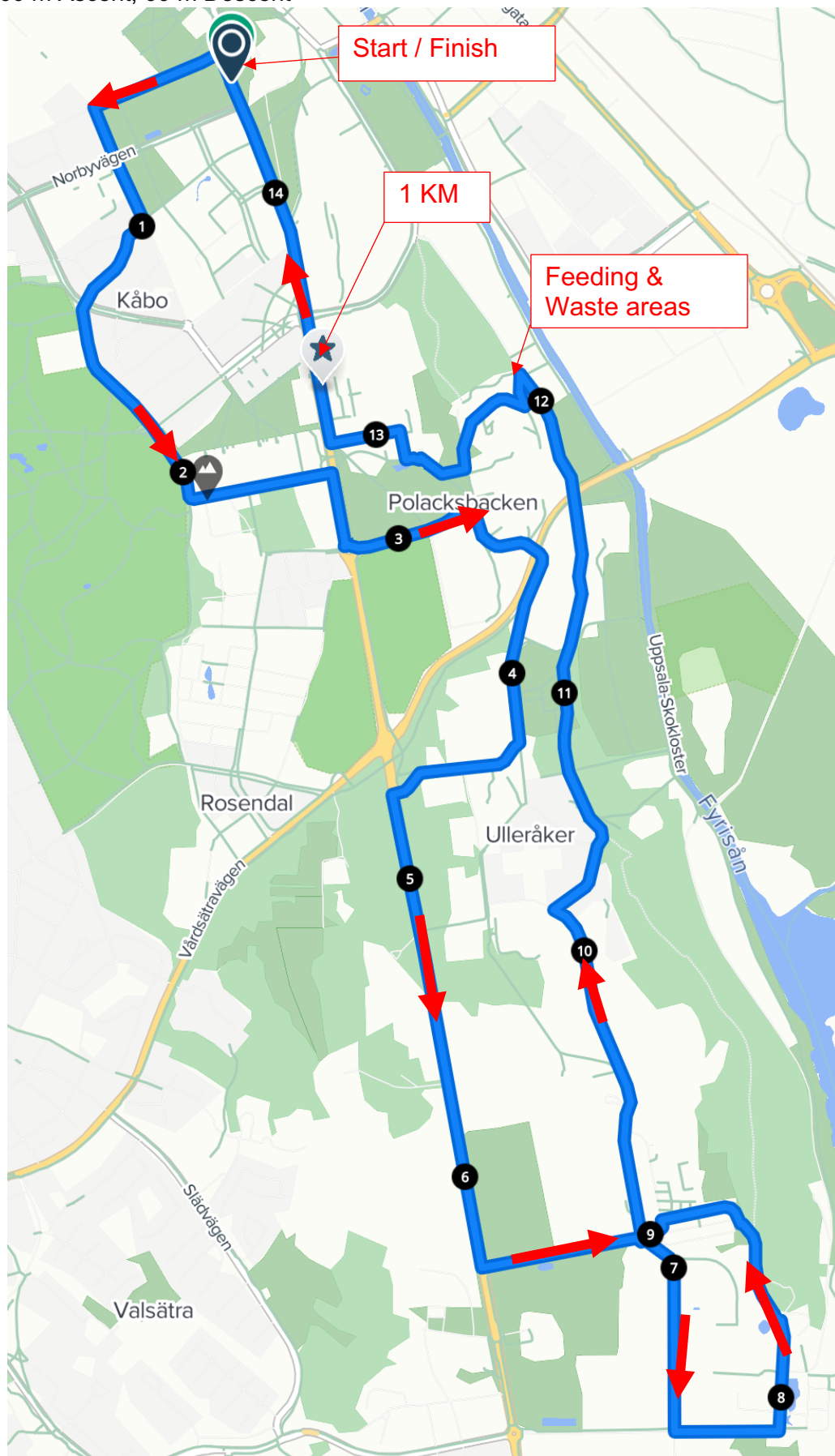


Altitude Profile Final 3 km

Stage 3

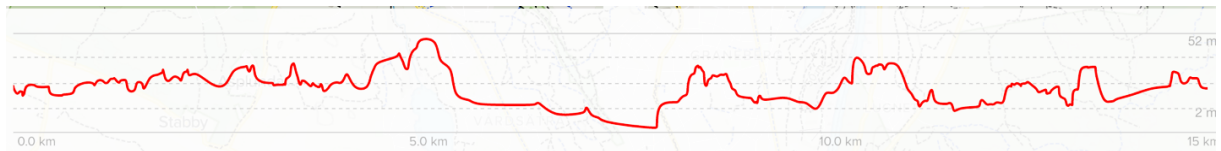
ARTICLE 18. MAP AND PROFILES

60 m Ascent, 60 m Descent



Tour of Uppsala, stage 3

60 m Ascent
60 m Descent



Altitude Profile Final 3 km

